# 2024 SOUTHAMPTON BASKETBALL IN-HOUSE RULES (AS OF 12/19/2023) GRADES 2-3 

Our In-House program is strictly recreational. It is designed to introduce and teach children basketball, promote participation with related goals of improved physical fitness and social interaction with peers. It is a casual and learning environment for the children to engage and have fun!

## PLEASE REMEMBER: THESE LEAGUES ARE DESIGNED FOR TEACHING THE CHILDREN BASKETBALL AND GOOD SPORTSMANSHIP... PLEASE KEEP THE KIDS IN MIND FIRST AT ALL TIMES!!!

Below you can find some general guidelines for our 2-3 ${ }^{\text {rd }}$ grade teams:
-Each player MUST play at least 8 minutes each half of every game. All players should be afforded the opportunity to play all positions.
-Each game is 4 quarters with an 8 min running clock/quarter. The clock stops for FOUL SHOTS and TIME OUTS.
-Made shots include 1 point Free Throws and 2 point Field Goals (No 3 pointers)
-Defense should pick up at the 3 point line and must be played man to man, with the exception of the $2^{\text {nd }}$ half of playoff games. In $2^{\text {nd }}$ half of playoff games, defense may pick up at half court and ALL $2^{\text {ND }}$ HALF FOULS result in 1-and-1 free throws.
-No double-teaming, No pressing.
-No stealing off the dribble. Steals off the pass only at this age level. If by midseason, a coach feels their team is ready to advance to stealing off the dribble, they can discuss with opposing coach and ref prior to game if all agreeable.
-When defensive team gets the rebound cleanly, the offense must retreat back to defense
-All baskets count as 2 points (encouraging children to shoot from a more developmentally appropriate range for this age level)
-Free-throws-The Referee will identify location in front of free throw line for player to shoot from (if no mark-3ft in front of foul line is recommended)
-There are 5 time-outs per game. No more than 2 time-outs can be used in the first half. No more than 3 time-outs can be used in the $2^{\text {nd }}$ half. Each team is allowed 1 time out in overtime, plus 1 time-out carried over from the $2^{\text {nd }}$ half, if any left.
-Overtime is 3 minutes, clock stopping on all whistles and time outs.
-No player foul outs; however, coaches are expected to teach and correct players for overly aggressive play including illegal ball screens. Player may need to sit for safety reasons if continued aggression is shown after correction.
-If a team cannot field 5 players; players may be shared by the opposing team.
-At this age, the Referee will serve as a guide to keep the game flowing. He or She may instruct the children as needed through the game and give guidance.
-Zero Tolerance: Anyone including but not limited to a player, coach, parent or spectator who engages in fighting or the verbal abuse of a referee, another player, coach or spectator before, during or after a game will be ejected for the remainder of the game. This individual will also be suspended for the next 2 games and further penalties including possible expulsion from the program at the discretion of the Southampton Board.

